

# HUNGER STATISTICS

Hunger in Minnesota continues to rise, a trend that began well before the COVID-19 pandemic hit. Below are some facts to share about food insecurity in the state and Dakota County.

## in MINNESOTA



**1 in 9** people, including **1 in 6** children, is food insecure.<sup>1</sup>



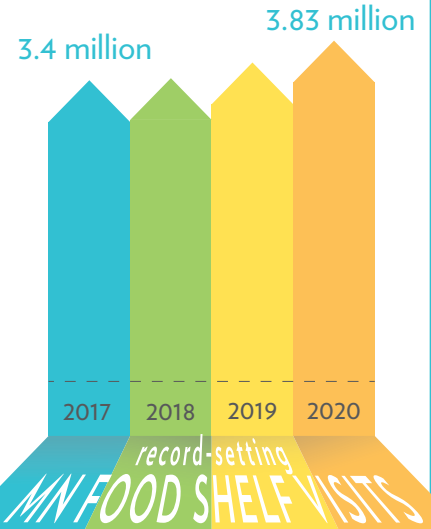
Minnesotans made a record **3.83 million** food shelf visits in 2020. That's an average of **319,274** visits a month.<sup>2</sup>



Food shelf visits by seniors jumped **31.2%** between 2019 and 2020.<sup>2</sup>



In 2020, children accounted for **1,368,251**, or **35.7%**, of all food shelf visits.<sup>2</sup>



## in DAKOTA COUNTY



**31,260 people** are considered food insecure.<sup>3</sup>



Dakota County food shelves received **304,331** visits in 2020.<sup>2</sup>



**24%** of Dakota County residents were housing cost-burdened in 2019, meaning they spent 30% or more of their income on housing.<sup>4</sup>



**24.7%** of Dakota County students are eligible for free or reduced-price lunch.<sup>5</sup>

Food insecurity means making difficult choices between purchasing nutritious food and affording other necessities like rent, utilities, and health care.



**360 Communities.**  
Help in the moment. Hope for the future.

### Sources

1. Second Harvest Heartland
2. Hunger Solutions
3. Feeding America
4. Dakota County
5. Minnesota Department of Health