**EQUALITY WHEEL FOR TEENS**

**NONVIOLENCE**

**NEGOTIATION AND FAIRNESS:**
Seeking mutually satisfying resolutions to conflict. Accepting changes. Being willing to compromise.

**NON-THREATENING BEHAVIOR:**
Talking and acting so that she feels safe and comfortable expressing herself and doing things.

**COMMUNICATION:**
Willingness to have open and spontaneous dialogue. Having a balance of giving and receiving. Problem solving to mutual benefit. Learning to compromise without one overshadowing the other.

**SHARED POWER:**
Taking mutual responsibility for recognizing influence on the relationship. Making decisions together.

**SELF-CONFIDENCE AND PERSONAL GROWTH:**
Respecting her personal identity and encouraging her individual growth and freedom. Supporting her security in her own worth.

**HONESTY AND ACCOUNTABILITY:**

**TRUST AND SUPPORT:**
Supporting her goals in life. Respecting her right to her own feelings, friends, activities, and opinions.

**RESPECT:**
Listening to her non-judgmentally. Being emotionally affirming and understanding. Valuing her opinions.

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