QUICK FACTS

1 in 3 young people will be in an abusive or unhealthy relationship.

Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are "dating."

Females between the ages of 16 and 24 are 3 times more likely than the rest of the population to be abused by an intimate partner.

Roughly 1.5 million high school boys and girls in the U.S. admit to be being intentionally hit or physically harmed in the last year by someone who they are dating.

TYPES OF ABUSE

PHYSICAL: Hitting, slapping, threats of physical abuse, kicking, biting, pushing, strangulation.

SEXUAL: Any unwanted sexual behavior or contact, pressuring you to send sexual pictures.

EMOTIONAL: Name-calling, putdowns, yelling, playing mind games, threats to commit suicide.

SOCIAL: Controlling, disrespecting, or pressuring you in your mobile, IM, or social networks.

The "building blocks" of a healthy relationship: **Trust**

Boundaries

Mutual Respect

Open Communication

Scan for Violence Prevention and Intervention Resources



360 Communities.



Healthy Relationships Toolkit

