

HUNGER FACTS

Hunger and financial stress in Minnesota continue to rise. Below are some facts to share about food insecurity in the state and Dakota County.

in MINNESOTA



1 in 15 people, including **1 in 11** children, is food insecure.³



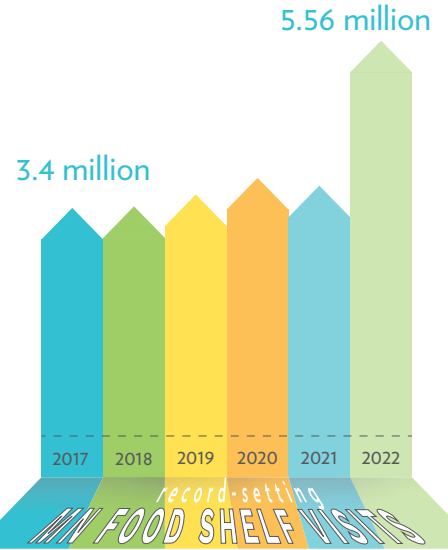
Minnesotans made a record **5.56 million** food shelf visits in 2022. That's almost **1.7 million** more visits than the previous record set in 2020.²



Food shelf visits by seniors jumped **39.8%** between 2021 and 2022.²



In 2022, food shelf visits by children increased **55.3%** from 2021.²



in DAKOTA COUNTY

Food insecurity means making difficult choices between purchasing nutritious food and affording other necessities like rent, utilities, and health care.



18,030 people are considered food insecure.³



Dakota County food shelves received **336,639** visits in 2022.²



24% of Dakota County residents were housing cost-burdened in 2019, meaning they spent 30% or more of their income on housing.⁴



4.4% of Dakota County residents under 65 do not have health insurance. That is 16,488 people.⁴

Sources

1. Second Harvest Heartland
2. Hunger Solutions
3. Feeding America, 2021
4. Dakota County



360 Communities.
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